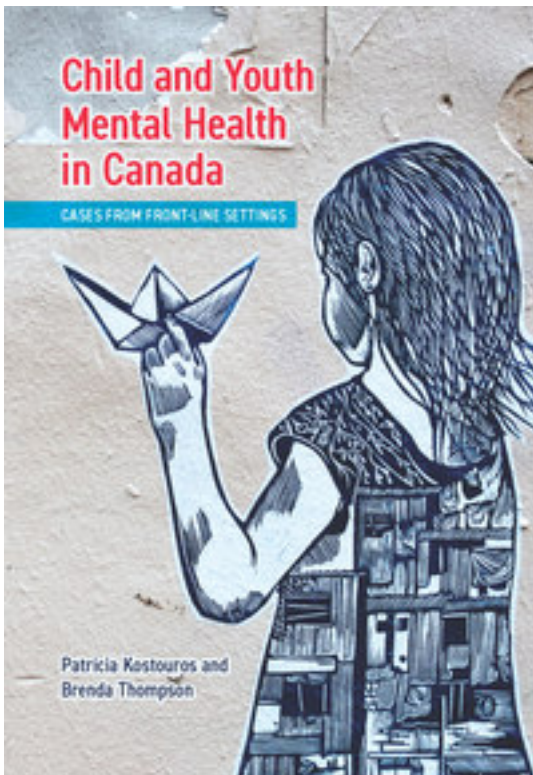


Child and Youth Mental Health in Canada

Cases from Front-Line Settings



Subjects

Mental Health and Addictions
Social Work
Health Studies
Child and Youth
Indigenous Health

Approx. 280 pages

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Child and Youth Mental Health in Canada is a practical guide for front-line practitioners that looks beyond diagnostic labels. It offers a progressive response to mental health concerns that is humane and effective. Instead of pathologizing human behaviour, the text focuses on understanding behaviour and intervening from a relational perspective.

Written by scholars and professionals in the field, each chapter presents a unique perspective as it probes into the specific concerns and complications observed in different settings of front-line practice. This discussion illuminates setting-appropriate interventions and activities to meet the needs of practitioners and clients, including the unique needs of immigrant, refugee, Indigenous, and LGBTQ+ children and youth.

Features include case studies, illustrations by Kyle Charles and Shoshana Laidlaw, reflective questions, suggested activities, and an appendix linking relevant DSM-5 diagnoses for each chapter make this edited collection an essential learning resource for students in child and adolescent mental health courses in child and youth care, psychology, social work, and nursing.

Features

- bridges theory to real-world application
- presents a strength-based and relational approach
- offers chapters that are accompanied by case studies, which have been developed into graphic art stories
- includes chapter pre-reading and reflective questions, and suggested class activities with a focus on the use of the arts

Author Information

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Patricia Kostouros is an Associate Professor in the Department of Child Studies and Social Work at Mount Royal University.

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Appendix A: Class Activities

A Hard Place to Call Home
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