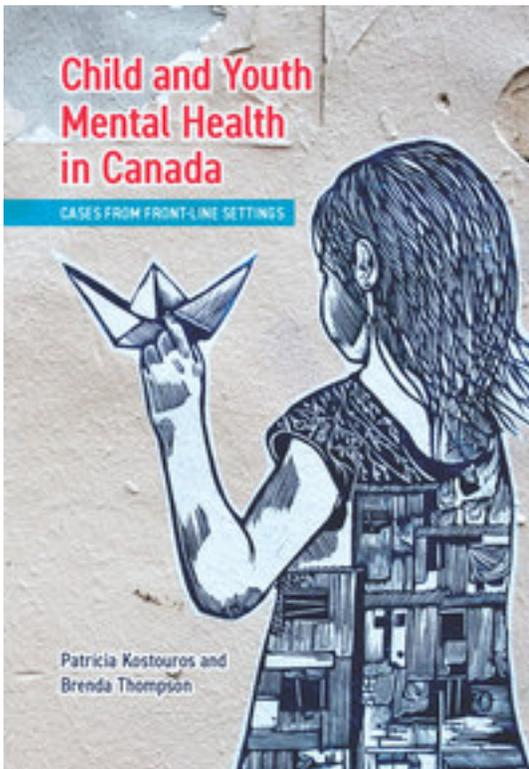


Child and Youth Mental Health in Canada

Cases from Front-Line Settings



Subjects

Mental Health and Addictions
Social Work
Health Studies
Child and Youth
Indigenous Health

278 pages

6.75 x 9.75 inches

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<https://www.canadianscholars.ca/books/child-and-youth-mental-health-in-canada>

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Child and Youth Mental Health in Canada is a practical guide for front-line practitioners that looks beyond diagnostic labels. It offers a progressive response to mental health concerns that is humane and effective. Instead of pathologizing human behaviour, the text focuses on understanding behaviour and intervening from a relational perspective.

Written by scholars and professionals in the field, each chapter presents a unique perspective as it probes into the specific concerns and complications observed in different settings of front-line practice. This discussion illuminates setting-appropriate interventions and activities to meet the needs of practitioners and clients, including the unique needs of immigrant, refugee, Indigenous, and LGBTQ+ children and youth.

Features include case studies, illustrations by Kyle Charles and Shoshana Laidlaw, reflective questions, suggested activities, and an appendix linking relevant DSM-5 diagnoses for each chapter, making this edited collection an essential learning resource for students in child and adolescent mental health courses in child and youth care, psychology, social work, and nursing.

Features

- bridges theory to real-world application
- presents a strength-based and relational approach
- offers chapters that are accompanied by case studies, which have been developed into graphic art stories
- includes chapter pre-reading and reflective questions, and suggested class activities with a focus on the use of the arts

Author Information

Patricia Kostouros

Patricia Kostouros is an Associate Professor in the Department of Child Studies and Social Work at Mount Royal University.

Brenda Thompson

Brenda Thompson is an instructor in both the Child and Youth Care bachelor degree and the Correctional Services diploma program at MacEwan University.

Reviews

"I highly recommend this timely, relevant, and entirely useful book. Each chapter provides a thorough and accessible analysis of the issues that are its focus and with that also offers clear, workable, and compassionate practice guidelines that are immediately transferable to the everyday lives of child and youth care professionals. These authors have oriented us to the central tenets of ethical practice that are foundational to effective engagement with children, youth, and their families and communities."

—Sibylle Artz, Full Professor, School of Child and Youth Care, University of Victoria, and Editor, *International Journal of Child, Youth and Family Studies*

"*Child and Youth Mental Health in Canada* provides a refreshing combination of conceptual, practical, and strengths-focused approaches to helping young people before or after a mental health diagnosis. The editors and authors approach mental health from the perspective of a social and cultural construction, recognizing that a diagnosis is merely a label and is not necessarily accompanied by a 'user's manual' for parents or young people. The authors provide practical suggestions for accommodating and supporting young people toward success. Each chapter provides case studies to pull together the important concepts as well as reflective questions that prompt readers to attend to their own awareness about their relationships with young people struggling with mental health concerns. Readers are encouraged to understand that mental health is not static and that labels are guides, not prescriptions."

—Carol Stuart, Interim Provost and Vice-President Academic, Vancouver Island University

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Chapter 4 Elementary School
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Chapter 5 Junior High and High School
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Chapter 6 Recreation

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Appendix A Class Activities

Appendix B Links to the Diagnostic and Statistical Manual of Mental Disorders -Fifth Edition

Related Books

Child and Youth Care across Sectors, Vol. 1
Kiaras Gharabaghi , Grant Charles
Reflective Practice in Child and Youth Care
Donicka Budd
A Tapestry of Relational Child and Youth Care Competencies
Theresa Fraser, Mary Ventrella
A Hard Place to Call Home
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