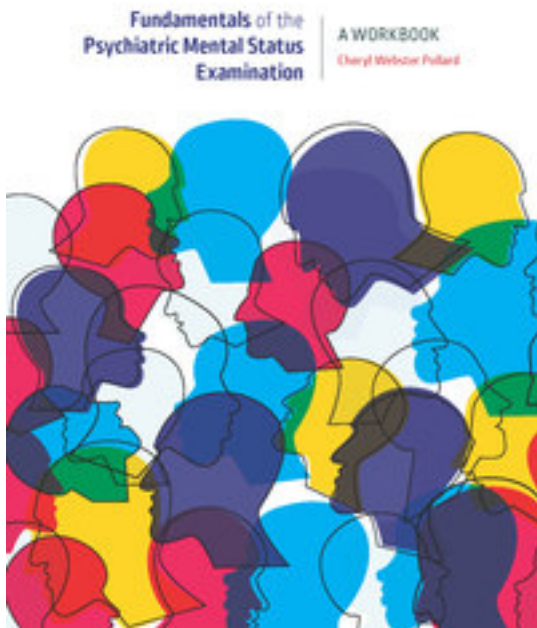


Fundamentals of the Psychiatric Mental Status Examination

A Workbook



Subjects

Nursing
Addictions, Health, and Mental Health
Social Work
Social Work
Mental Health and Addictions
Health Studies
Health Studies
Sociology of Health

160 pages

8.5 x 11 inches

July 2018

ISBN: 9781773380704

Available at:

<https://www.canadianscholars.ca/books/fundamentals-of-the-psychiatric-mental-health-status-examination>

To request a review copy:
info@canadianscholars.ca
416-929-2774

Psychiatric mental status examinations are part of the job of nurses, physicians, and many others in the field of mental health and addictions. In this highly accessible guide, Cheryl Webster Pollard introduces students and emerging practitioners to the skills and knowledge necessary to conduct a comprehensive examination. *Fundamentals of the Psychiatric Mental Status Examination* is an interactive workbook containing case studies, activities, and study questions to guide students through the process of administering the examination and documenting the information.

Each chapter explores a distinct aspect of the assessment, allowing readers to focus on key areas of interest. Students will learn how to assess for potential psychopathology, psychosis, and suicidal or homicidal ideation, and will examine unique cultural and age considerations that may affect individual experiences. Well-suited to a wide range of disciplines, including health, nursing, social work, and occupational therapy, this workbook's practical approach and rich pedagogical content make it an ideal resource for new and aspiring practitioners in these fields.

Features

- offers the psychiatric mental status examination in manageable, easily digested pieces
- includes case studies with discussion questions and activities that relate to specific cultural and age factors
- presents in-depth examples that support a wide range of learners

Author Information

Cheryl Webster Pollard

Cheryl Webster Pollard is an Associate Dean and Assistant Professor in the Bachelor of Science in Nursing Program at MacEwan University. She has held positions as a mental health clinical nurse specialist and nurse researcher, and has also held progressive leadership positions within community and tertiary care settings.

Reviews

"Most MSE guides are highly technical, but this workbook offers a practical approach to MSE. With nothing like this on the market, this book is an excellent contribution and invaluable resource to the field."

— Sonya Jakubec, Mount Royal University

Table of Contents

```
<head>
<meta http-equiv="Content-Type" content="text/html; charset=utf-8">
<style type="text/css"><!--
.s1 { color: #231F20; font-family: sans-serif; font-weight: normal; font-size: 22pt; }
.s2 { color: #231F20; font-family: serif; font-style: italic; font-weight: normal; font-size: 10.5pt; }
.s3 { color: #3339ff; font-family: sans-serif; font-weight: normal; font-size: 14pt; }
.p { color: #58595B; font-family: sans-serif; font-weight: normal; font-size: 10.5pt; }
.h1 { color: #231F20; font-family: sans-serif; font-weight: bold; font-size: 9pt; }
.s5 { color: #231F20; font-family: sans-serif; font-weight: normal; font-size: 9pt; }
-->
</style>
</head>
```

Acknowledgements ix

Preface x

Chapter 1 — Psychiatric Mental Status Examination 1

What Is a Psychiatric Mental Status Examination? 2

Who Conducts a Psychiatric Mental Status Examination? 4

Chapter Glossary Terms 6

Activity: What Do I Say Next? 7

Study Questions 8

Chapter 2 — Preparing to Complete a Psychiatric Mental Status

Examination, by Linda Cavanaugh 9

What Are You Looking For? 10

Activity: My Images of Mentally Healthy and Mentally Ill 10

What Does It Mean When Someone Is Mentally "Healthy"? 11

Activity: Time to Ponder 14

Assessment for the "Expected" 14

Chapter Glossary Terms 21

Study Questions 22

Case Study 33

Chapter 4 — Emotional State 35

How Is Emotional State Assessed? 36
Special Considerations 38
Chapter Glossary Terms 39
Activity: Writing a Focused Review 41
Study Questions 42
Case Study 42

#

Chapter 5 — Speech 44

How Is Speech Assessed? 45
Special Considerations 47
Chapter Glossary Terms 47
Activity: Speech Linkage with Other Areas of the Mental Status Examination 48
Study Questions 49
Case Study 50

Chapter 6 — Thought Processes 52

How Are Thought Processes Assessed? 53
Special Considerations 55
Chapter Glossary Terms 55
Activity: Alphabet Soup Puzzle 56
Study Questions 57
Case Study 57

Chapter 7 — Thought Content 59

How Is Thought Content Assessed? 60
Special Considerations 62
Chapter Glossary Terms 63
Activity: Developmental Refresher 63
Study Questions 65
Case Study 65

Chapter 8 — Risk Assessment 68

What Is a Risk Assessment? 69
Special Considerations 73
Chapter Glossary Terms 74
Activity: Risk Assessment Word Search 74
Study Questions 76
Case Study 76

Chapter 9 — Perception 79

How Is Perception Assessed? 80
How Do You Document Perception? 83
Special Considerations 84
Chapter Glossary Terms 84
Activity: What Is Expected versus Unexpected? 85
Study Questions 87
Case Study 87

Chapter 10 — Cognitive State 89

How Is Cognitive State/Sensorium Assessed? 90
Special Considerations 96
Chapter Glossary Terms 96
Activity: What Is Expected versus Unexpected? 97
Study Questions 99
Case Study 99

Chapter 11 — Insight 103

How Is Insight Assessed? 104
Special Considerations 105
Chapter Glossary Terms 106
Activity: Insight Matching Exercise 106
Study Questions 107
Case Study 108

Case Study 114

#

Chapter 13 — Physical Functioning 116

Physical Functioning: Does It Really Matter? 117

Special Considerations 118

Chapter Glossary Terms 118

Activity: What Body System Are You Asking About? 119

Study Questions 120

Case Study 121

Chapter 14 — Putting It All Together 123

Now What? 124

Activity: Collecting Information on Mental Status Examination Section

Categories 125

Case Study 128

Chapter 15— What Do You Do with a Completed Psychiatric Mental

Status Examination? 130

Next Steps 131

Example of a Psychiatric Mental Status Examination 131

Study Questions 133

Activity Answers 134

Glossary 139

Related Books

Responding to the Oppression of Addiction, Third Edition

Rick Csiernik, William S. Rowe

A Concise Introduction to Mental Health in Canada, Second Edition

Elliot Goldner, Emily Jenkins, Dan Bilsker

Mad Matters

Brenda A. LeFrançois, Robert Menzies, Geoffrey Reaume

Social Work in Health and Mental Health

Tuula Heinonen, Anna Metteri

The Drug Paradox

Tara Bruno, Rick Csiernik