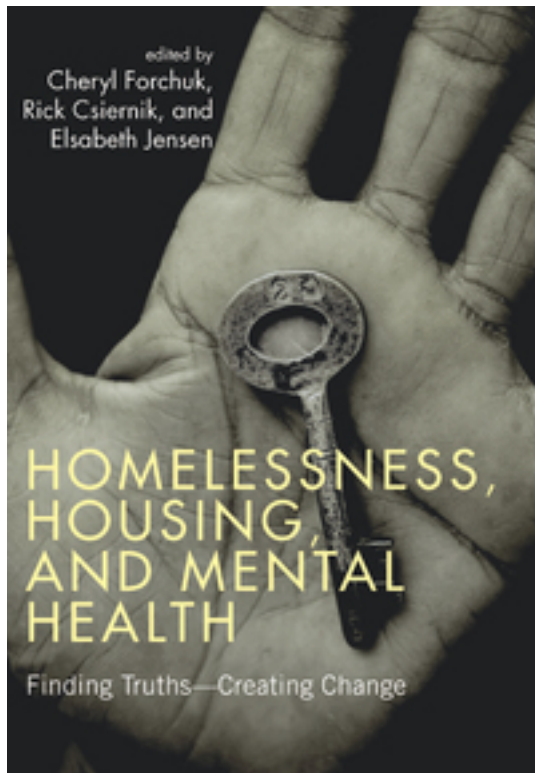


# Homelessness, Housing, and Mental Health

## Finding Truths — Creating Change



### Subjects

Sociology of Health  
Sociology  
Sociology  
Addictions, Health, and Mental Health  
Mental Health and Addictions  
Social Work  
Health Studies  
Social Work

325 pages

6.75 x 9.75 inches

June 2011

ISBN: 9781551303901

Available at:

<https://www.canadianscholars.ca/books/homelessness-housing-and-mental-health>

To request a review copy:

info@canadianscholars.ca

416-929-2774

Some say mental illness is the last great stigma remaining in our communities. This book is a collection of twenty articles written by researchers, scholars, practitioners of nursing, social work, and community health, and survivors of mental illness and homelessness. Each piece speaks to a specific aspect of the linkages among housing/homelessness, poverty, and mental illness, interconnections that are complex and challenging to understand but essential to our addressing the problems.

Chapters include:

- The soul-destroying search for adequate housing for family members who are mental health survivors
- The impact of de-institutionalization in and the gaps left in services for mental health survivors
- Myths of mental illness and how they affect the popular stigma attached to survivors

### Author Information

Cheryl Forchuk

Cheryl Forchuk is Professor and Associate Director, Nursing Research, in the Labatt School of Nursing and Department of Psychiatry at the University of Western Ontario, and Assistant Director at the Lawson Health Research Institute.

Rick Csiernik

Rick Csiernik is a Professor of Social Work at King's College, University of Western Ontario. Csiernik has authored and edited several popular Canadian Scholars' titles including: *Just Say Know: A Counsellor's Guide to Psychoactive Drugs* (2014), *Workplace Wellness* (2014); *Responding to the Oppression of Addiction* (co-edited with William S. Rowe, 2017); *Substance Use and Abuse* (2016); *The Drug Paradox* (with Tara Bruno, 2018), and *Homelessness, Housing, and Mental Health* (co-edited with Cheryl Forchuk and Elisabeth Jensen, 2011). The author of more than 100 journal articles, his research interests include addiction, employee assistance programming and workplace wellness, social work education, and program evaluation. Rick has been recipient of both the King's University College Award for Excellence in Teaching and the McMaster University Instructor Appreciation Award.

Elisabeth Jensen

Elisabeth Jensen is Associate Professor in the Arthur Labatt Family School of Nursing, Faculty of Health, York University.

### Reviews

"I am so glad that this book has been written. The authors go beyond a traditional research focus to help identify both preventive strategies and health service interventions that can contribute to more thoughtful, respectful, and effective responses to homelessness and the needs of mental health consumer survivors."

Stephen Gaetz, Director, Canadian Homelessness Research Network, and Associate Dean, Research and Professional Development, Faculty of Education, York University

"This book is a tribute to psychiatric survivors who stood with us when we declared homelessness a national disaster in 1998. The authors have captured the ongoing results in a country still left without a national housing program; people left struggling to survive in the aptly named "tornado." Surely this book is proof we need safe, affordable housing to achieve health."

Cathy Crowe, street nurse, author of *Dying for a Home*

"This book is a tribute to psychiatric survivors who stood with us when we declared homelessness a national disaster in 1998. The authors have captured the ongoing results in a country still left without a national housing program; people left struggling to survive in the aptly named "tornado." Surely this book is proof we need safe, affordable housing to achieve health."— Cathy Crowe, street nurse, author of *Dying for a Home*

### Table of Contents

Preface

Acknowledgements

\*\*SECTION I. OVERVIEW\*\*

1. Creating a Process of Inquiry and Change  
\_Cheryl Forchuk, Rick Csiernik, and Elisabeth Jensen\_

2. Methodologies Employed  
\_Cheryl Forchuk, Rick Csiernik, Elisabeth Jensen, and Heather Atyeo\_

\*\*SECTION II. UNDERSTANDING THE ISSUE\*\*

Introduction

3. Housing, Income Support, and Mental Health: Points of Disconnection  
\_Cheryl Forchuk, Ruth Schofield, Libbey Joplin, Rick Csiernik, Carlyne Gorlick, and Katherine Turner\_

4. Surviving the Tornado: Mental Health Consumer-Survivor Experiences of Getting, Losing, and Keeping Housing

6. De-"Myth"-ifying Mental Health

\_Rick Csiernik, Cheryl Forchuk, Mark Speechley, and Catherine Ward-Griffin\_

7. "It's Important to Be Proud of the Place You Live in": Housing Problems and Preferences of Mental Health Consumer-Survivors

\_Cheryl Forchuk, Geoffrey Nelson, and G. Brent Hall\_

8. Current and Preferred Housing of Mental Health Consumer-Survivors

\_Geoffrey Nelson, G. Brent Hall, and Cheryl Forchuk\_

**\*\*SECTION III. HOMELESSNESS AND ITS PREVENTION\*\***

Introduction

9. Perceptions of Health and Health Service Utilization among Homeless and Housed Mental Health Consumer-Survivors

\_Ruth Schofield, Cheryl Forchuk, Elisabeth Jensen, and Stephanie Brown\_

10. Homelessness and Health in Adolescents

\_Amy Haldenby, Helene Berman, and Cheryl Forchuk\_

11. From Psychiatric Ward to the Streets and Shelters

\_Cheryl Forchuk, Gord Russell, Shani Kingston-MacClure, Katherine Turner, and Susan Dill\_

12. An Intervention to Prevent Homelessness among Individuals Discharged from Psychiatric Wards to Shelters and "No Fixed Address"

\_Cheryl Forchuk, Shani Kingston-MacClure, Michele Van Beers, Cheryl Smith, Rick Csiernik, Jeffrey S. Hoch, and Elisabeth Jensen\_

13. Using Electronic Patient Records in Mental Health Care to Capture Housing and Homelessness Information of Mental Health Consumer-Survivors

\_Richard G. Booth\_

**\*\*SECTION IV. ADDITIONAL CHALLENGES\*\***

Introduction

14. The Changing Face of Diversity in the Context of Homelessness

\_Helen Berman, Carolyne Gorlick, Rick Csiernik, Susan L. Ray, Cheryl Forchuk, Elisabeth Jensen, and Fatmeh Al Zoubi\_

15. Gaining Ground, Losing Ground: The Paradoxes of Rural Homelessness

\_Cheryl Forchuk, Phyllis Montgomery, Helene Berman, Catherine Ward-Griffin, Rick Csiernik, Carolyne Gorlick, Elisabeth Jensen, and Patrick Riesterer\_

16. Exploring Differences between Community-Based Women and Men with a History of Mental Illness

\_Cheryl Forchuk, Elisabeth Jensen, Rick Csiernik, Catherine Ward-Griffin, Susan L. Ray, Phyllis Montgomery, and Linda Wan\_

17. Uprooted and Displaced: A Critical Narrative Study of Homeless, Aboriginal, and Newcomer Girls in Canada

\_Helen Berman, Gloria Alvernaz Mulachy, Cheryl Forchuk, Kathy Edmunds, Amy Haldenby, and Raquel Lopez\_

18. Is Substance Abuse Even an Issue? Perceptions of Male and Female Community-Based Mental Health System Consumer-Survivors

\_Rick Csiernik\_

**\*\*SECTION V. MOVING FORWARD\*\***

Introduction

19. Margaret's Haven: The Story and the Process

\_Elisabeth Jensen, Cheryl Forchuk, Rick Csiernik, Katherine Turner, and Pamela McKane\_

20. Why Should Communities Be Involved in Research?

\_Cheryl Forchuk\_

Appendix A: Glossary of Housing Terms

\_Cheryl Forchuk, Pamela McKane, Jim Molineux, Ruth Shofield, and Rick Csiernik\_

Appendix B: CURA Fact Sheets

List of Contributing Authors

Copyright Acknowledgments

Index

Maria A. Wallis, Siu-ming Kwok  
Down and Out in Canada  
Thomas O'Reilly-Fleming  
Poverty in Canada, 2nd Edition  
Dennis Raphael  
Social Work in Health and Mental Health  
Tuula Heinonen, Anna Metteri