In _On Reflection_, Ellen Rose seeks to initiate a much-needed discussion about what reflection is and should be. The word crops up repeatedly in the discourse of teaching and learning, but its meaning is often vague. True reflection—deep, sustained thought that takes place in conditions of solitude and silence—has been undermined by new technologies that speed up the flow of information and the pace of life, as well as by contemporary schooling that unreflectively embraces technological and market imperatives in the name of outcomes, efficiencies, and the preparation of a global workforce. Drawing on a wide range of thinkers, past and present, Rose outlines the important role reflective thought can play in the classroom and in the world at large, and makes a powerful case for slowing down and returning to our thoughts.

**Author Information**

Ellen Rose


**Reviews**

"Ellen Rose offers this intellectually engaging and beautifully written argument for recovering the meaning and practice of reflection as an urgently needed antidote to the production-oriented, technology-mediated teaching and learning that pervade educational institutions at all levels.... Rose urges us to boldly reclaim slowness and solitude as the required conditions for nurturing creative, holistic thinking, and she offers practical guides for doing so. This carefully argued and insightful book is a testament to the kind of deep, sustained thought that Rose advocates and should be read by anyone who truly values human learning."

Janice Newson, Professor Emerita, Department of Sociology, York University

"Ellen Rose offers this intellectually engaging and beautifully written argument for recovering the meaning and practice of reflection as an urgently needed antidote to the production-oriented, technology-mediated teaching and learning that pervade educational institutions at all levels.... This carefully argued and insightful book is a testament to the kind of deep, sustained thought that Rose advocates and should be read by anyone who truly values human learning".— _Janice Newson, Professor Emerita, York University_

Denis Hlynka, Professor, Department of Curriculum, Teaching and Learning, University of Manitoba

**Table of Contents**

_Introduction_

1. Reclaiming Reflection
2. Why Does Reflection Matter?
3. The Rise of the Reflective Mind
4. Reading, Writing, and Reflection
5. Is Reflection in Decline?
6. Reflection and Technology
7. Cultivating Reflectiveness

_Conclusion_

_Notes_
_Bibliography_
_Index_

**Related Books**

Lifelong Learning as Critical Action
André P. Grace

A Classified and Partially Annotated Bibliography of Michael Polanyi
Maben Walter Poirier

Pathways of Adult Learning
Janet Groen, Colleen Kawailak

Foundations of Education
Jason C. Robinson

Comparative and International Education, 2nd Edition
Kathy Bickmore, Ruth Hayhoe, Caroline Manion, Karen Mundy, Robyn Read

Introduction to Health Informatics
Christo El Morr