Strong Helpers' Teachings, Second Edition
The Value of Indigenous Knowledges in the Helping Professions

Timely and accessible, _Strong Helpers' Teachings_ skillfully illustrates the importance of Indigenous knowledges for students, practitioners, and scholars in the human services. Making space for the voices of many Indigenous and non-Indigenous scholars, practitioners, and service users, Cyndy Baskin’s text models possible pathways towards relationship building and allyship. Placing Indigenous concerns and perspectives at the centre of social work disciplines, and through the use of examples and case studies, Baskin covers topics such as spirituality, research, justice, and healing.

This thoroughly updated edition includes new chapters on self-care for helpers, holistic approaches to mental health, and two-spirit experiences and is a valuable resource for those interested in sharing, listening, and teaching Indigenous worldviews and helping practices.

Author Information
Cyndy Baskin

**Cyndy Baskin** is Associate Professor in the School of Social Work at Ryerson University.

Reviews

“In this timely and pertinent text that responds to the calls to action of the Truth and Reconciliation Commission, Cyndy Baskin offers scholars, students, and practitioners the importance of Indigenous approaches, knowledge, and epistemology in the area of helping. This text provides a comprehensive and affirmative overview in how we as current and potential professionals can respectfully incorporate an Indigenous lens in the field of social work. For Indigenous students and practitioners, this text re-affirms the knowledge, values, and resilience of our lived experiences within our families and communities. Nya:weh (gratitude) for this valuable publication!”
— Bonnie M. Freeman, PhD, Algonquin/Mohawk from Six Nations of the Grand River Territory, School of Social Work, McMaster University

“The spirit of Indigenous regeneration in the human services fields is within the pages of this valuable new edition. Baskin speaks to diverse Indigenous and Settler peoples with critical perspectives on decolonizing and respecting Indigenous knowledge across the helping professions.”
— Kirsten Mikkelsen, Indigenous Studies, Department of Arts and Education, Grande Prairie Regional College

Table of Contents
Author Biography
Acknowledgements

CHAPTER ONE: STARTING AT THE BEGINNING
Mi'kmaq Welcome
Introduction
Who Are Indigenous Peoples?
Overview of the History of Colonization
The Role of Social Work in Colonization
Fears of Appropriation
Who Is This Book For?
What This Book Is and Is Not About
Indigenous Approaches Can Enrich the Helping Professions
Conclusion
References

CHAPTER TWO: THE SELF IS ALWAYS FIRST IN THE CIRCLE
Introduction
Let’s Begin with Me
Self-Reflexivity
Help for the Helpers/Self-Care
Protection from Isolation
Turning Anger into Activist Power
Conclusion
References

CHAPTER THREE: WHEN BAD THINGS HAPPEN TO THOSE WHO DO THE HELPING
Introduction
Terra (Part One)
Suicide Is Not a Private Act
Those You Think Will Understand
The Journalists
Terra (Part Two)
Views on Suicide
Community Support
What Helps
Prevention through Relationships
Conclusion
References

CHAPTER FOUR: CURRENT THEORIES AND MODELS OF SOCIAL WORK AS SEEN THROUGH AN INDIGENOUS LENS
Introduction
Anti-oppressive and Structural Social Work Theories
Postmodernism

Available at:
https://www.canadianscholars.ca/books/strong-helpers-teachings-second-edition

To request a review copy:
info@canadianscholars.ca
416-929-2774
A Recognition of Being, 2nd Edition
Kim Anderson
Diversity, Justice, and Community
Beverly-Jean M. Daniel
Reimagining Anti-Oppression Social Work Research
Henry Parada, Samantha Wehbi
Reimagining Anti-Oppression Social Work Practice
Samantha Wehbi, Henry Parada
The First Nations of Ontario
Edward J. Hedican
Determinants of Indigenous Peoples' Health, Second Edition
Margo Greenwood, Sarah de Leeuw, Nicole Marie Lindsay
The Mentors Among Us
Melissa Rothwell, Kelly Mazerolle